

Menus

School: Cowgill R-VI School

Academic Year: 2018-19

Meal: Lunch

Month: March 2019

March				
M	Tu	W	Th	F
25 Shrimp, Peas & Tropical Fruit	26 McRibb, Sweet Potatoes & Fruit Cocktail	27 Shepherd's Pie, Mixed Veggies, Bread & Peaches	28 Pizza, Corn & Applesauce	1
4 Creamy Chicken Over Biscuit, Peaches & Dessert	5 Beef Taco Salad, Black Beans & Cinnamon Apples	6 Turkey Sandwich, Chips & Banana	7 Fish Sandwich, Peas & Pineapple	8 Hot Dog, BBQ Beans, String Cheese & Applesauce
11 Chicken Strips, BBQ Beans & Mandarin Oranges	12 Meatloaf, Mashed Potatoes, Carrots, Bread & Fruit Cocktail	13 Burrito, Corn & Cinnamon Apples	14 St. Patty's Day Dinner Golden Grilled Cheese, Irish Ham Potato Soup, Shamrock Pears & Rainbow Cake	15
18 Corndog, BBQ Beans & Applesauce	19 Sweet Sour Chicken, Broccoli, Rice & Pineapple	20 Cheeseburger, Sweet Potatoes & Pears	21 Vegetable Soup, Grilled Cheese & Fruit Cocktail	22 Honey Baked Ham, Green Beans, Rolls & Peaches
25 Grilled Chicken Sandwich, Carrots & Mandarin Oranges	26 Tuna Casserole, Peas & Applesauce	27 Baked Chicken, Mixed Veggie, Bread & Pears	28 Chef Salad, Breadstick & Strawberries "The USDA is an equal opportunity provider & employer"	29