

# Menus

**School:** Cowgill R-VI School

**Academic Year:** 2018-19

**Meal:** Lunch

**Month:** November 2018

November				
M	Tu	W	Th	F
29 Pizza, Corn & Applesauce	30 Shrimp, Peas & Tropical Fruit	31 Halloween Dinner Bloody Brains, Witch Fingers, Bones, Pumpkin Wedges & Trick- or-Treat Cake	1 Hot Dog, Pork N Beans & Fruit Cocktail	2 Chef Salad, Crackers & Pears  "The USDA is an equal opportunity provider and employer."
5 McRibb, BBQ Beans & Cinnamon Apples	6 Creamy Chicken Over Biscuit, Mandarin Oranges & Cookies	7 Deli Sandwich, Chips & Bananas	8 Veteran's Dinner Honey Baked Ham, Green Beans, Mashed Potatoes, Gravy, Bread & Peach Crisp	9
12 Tuna Casserole, Peas & Pears	13 Cheeseburger, Sweet Potatoes & Mandarin Oranges	14 Chicken Strips, Carrots & Fruit Cocktail	15 WOW Peanut Butter & Jelly Sandwich, Chips & Banana	16 Thanksgiving Dinner Turkey, Green Bean Casserole, Mashed Potatoes, Gravy, Bread, Applesauce & Pumpkin Cake
19 Chili, Corn, Crackers & Cinnamon Apples	20 Sweet & Sour Chicken, Broccoli, Rice & Pineapple	21	22	23
26 Grilled Chicken Sandwich, Carrots & Peaches	27 Burrito, Corn, String Cheese & Cinnamon Apples	28 Shepherd's Pie, Mixed Veggies, Bread & Fruit Cocktail	29 Corndog, Pork N Beans & Pears	30 Turkey & Noodles, Peas & Applesauce