

Menus

Academic Year: 2019-20

School: Cowgill R-VI School

Meal: Lunch

Month: February 2020

February				
M	Tu	W	Th	F
3 Grilled Chicken, Macaroni & Cheese, Carrots & Tropical Fruit	4 Cheeseburger, & Mixed Veggies & Pears	5 Chicken Taco Salad, Black Beans & Cinnamon Apples	6 McRibb, Sweet Potatoes & Peaches	7 Chili, Corn, String Cheese & Applesauce
10 Tuna Casserole, Peas & Applesauce	11 Corndog, BBQ Beans & Pears	12 Valentine's Day Dinner Baked Chicken, Sweet Corn, Rolls, Blushing Pears & Heartbreak Cake	13 Deli Sandwich, Chips & Banana	14
17	18 Sweet Sour Chicken, Broccoli, Rice & Pineapple	19 Meatball Sub, Green Beans & Peaches	20 Burrito, Corn, String Cheese & Cinnamon Apples	21 Chef Salad, Breadstick & Mandarin Oranges
24 Pizza, Corn & Applesauce	25 Creamy Chicken Over Biscuit, Strawberries & Cookie	26 Shepherd's Pie, Mixed Veggies, Roll & Pears	27 BBQ Chicken Sandwich, BBQ Beans & Mandarin Oranges "The USDA is an equal opportunity provider and employer."	28